

**MEETING SUMMARY**  
**MISSOURI ADVISORY COUNCIL ON ALCOHOL AND DRUG ABUSE**  
**October 7, 2009**

**Members Present:** Clif Johnson, Cheryl Gardine, Keith Spare, Ladell Flowers, Stephen Doherty, Debbie Mizer, Daphne Walker-Thoth, Percy Menzies, Robin Hammond, Gary Lorts, Michael Dean, Sandra Hentges, Cynthia Stueber, Michael Carter and Theresa Eschmann.

**Members Absent:** Marilyn Gibson, Diana Harris, Sylvia Persky, Benjamin Bruening and John Harper.

**Division Staff:** Mark Stringer, Debra McBaine, Bianca Arrington-Madison, Christie Lundy, Mark Rembecki, Scott Breedlove, Edwin Cooper, Amanda Baker, Lynn Slawson, Shannon Einspahr, Jodi Haupt, Guyla Gardner, Kathleen Mims, Pat Veltrop, Joellyn Becker and Chelsea Blair.

**Guests:** Brenda Schell, Alicia Ozenberger, Chuck Daugherty, Tanya Vasser, Sular Gordon, Karah Waddle and Brigid Woodhead.

<b>Call To Order</b>	Robin Hammond, SAC Chair, called the meeting to order at 10:07 a.m., and introductions were made. Minutes from the August meeting were reviewed and passed.	
<b>ADA Division Director's Report</b>	<p>Mark Stringer, Director of the Division of Alcohol and Drug Abuse (ADA), presented the Division Report:</p> <ul style="list-style-type: none"> <li>• Mr. Stringer went to Philadelphia for a meeting on the National Quality Form (NQF) Standards of Care. The NQF Standards of Care was developed by a congressionally chartered body to develop consensus guidelines for chronic conditions. Four (4) of the 11 standards apply to pharmacotherapy.</li> <li>• The anticipated outcome of the implementation of the standards is to improve the quality of addiction treatment on a national level.</li> <li>• <b>ACTION:</b> <ul style="list-style-type: none"> <li>○ The Treatment Subcommittee must integrate the NQF Standards of Care with the criteria for Centers of Excellence</li> <li>○ The NQF Standards of Care will be sent out to treatment providers in the near future.</li> </ul> </li> <li>• Substance Abuse treatment is improving in a variety of ways, one of which is implementing the Recovery Oriented Systems of Care, which is a treatment model that is based on five (5) domains: abstinence, employment, housing, crime-free life style, and social connectedness. The standard “21 days of recovery” has been recently prohibited; providers will now need to ensure that consumers are receiving treatment for as long as it takes for them to obtain success in all domains.</li> <li>• The Division will no longer be certifying programs that offer a 21 day program.</li> <li>• Keith Spare suggested that we implement the use of the term “Recovery Planning” instead of “Discharge Planning”.</li> <li>• Effective November 1, 2009, Mark Stringer will become the Interim Director for the Division of Comprehensive Psychiatric Services (CPS) for a period of two (2) years while remaining Director of ADA. Dr. Joseph Parks, former CPS Director, will return to his former duties as Department of Mental Health’s Medical Director.</li> </ul>	

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	<p>Open Discussion:</p> <ul style="list-style-type: none"> <li>Alicia Ozenberger, ACT MO, mentioned that perhaps instead of using the term “Center of Excellence”, we could have a “Region of Excellence”. In doing this, a consumer could be supported inside the region from a variety of connected resources.</li> <li>Cheryl Marcum, ADA, suggested having Medication Assisted Treatment (MAT) trainings. She noted that a few Doctors she had spoken with expressed interest in learning more about it.</li> </ul>	
<b>The Substance Abuse Prevention and Treatment Block Grant</b>	<p>Christie Lundy, Research Coordinator, presented a PowerPoint on The Substance Abuse Prevention and Treatment Block Grant. Copies of the slides may be obtained by contacting the Division at (573)751-4942.</p>	
<b>Section Updates</b>	<p>Edwin Cooper, Department of Mental Health Housing, presented the Housing Report:</p> <ul style="list-style-type: none"> <li>The Housing and Urban Development (HUD), 2009 Notice of Funding Availability (NOFA) for Continuum of Care Program was released. Due date for the application is November 9, 2009. HUD is making \$1.4 Billion available. In 2008, Missouri received \$3.7 million dollars. <ul style="list-style-type: none"> <li>Eligible activities are: <ol style="list-style-type: none"> <li>Supportive Housing Program</li> <li>Shelter Plus Care</li> <li>Safe Haven</li> </ol> </li> <li>Balance of State (100 counties) Training: <ol style="list-style-type: none"> <li>October 21, 2009, 8:00 a.m. to 5:00 p.m., at the Capital Plaza Hotel</li> <li>Training is open to any agency in Missouri</li> <li>RSVP to Priscilla Winn at the Missouri Housing Development Commission (MHDC) <a href="mailto:pwinn@mhdc.com">pwinn@mhdc.com</a></li> <li>Applications due to E-SNAPS October 30, 2009 (E-SNAPS is the electronic system for grants)</li> </ol> </li> </ul> <ul style="list-style-type: none"> <li>DMH Housing will apply for four (4) New Shelter Plus Care Grants;</li> <li>DMH will have a new Shelter Plus Care application in spring 2010, and it can be found on the DMH website; and</li> <li>DMH Housing will offer a Shelter Plus Care webinar in spring 2010.</li> </ul> <p>Pat Veltrop, Director of Performance Improvement, presented the Billing Review, CIMOR Help Desk, and the Clinical Services update:</p> <ul style="list-style-type: none"> <li>Billing Review: <ul style="list-style-type: none"> <li>A proposal to change the billing review process has been submitted, and is currently being reviewed. The</li> </ul> </li> </ul> </li></ul>	

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	<p>proposal contains methods the billing review team can use to cut back on expenditures while in the field.</p> <ul style="list-style-type: none"> <li>○ The billing review team remains scheduled into January of 2010.</li> <li>● Customer Information Management, Outcomes and Reporting (CIMOR) Help Desk: <ul style="list-style-type: none"> <li>○ The Help Desk continues to be busy, there are constant requests. Kathy Huber conducted the first webinar discussing help desk issues, consumer searches, SSN verification, and the early brief intervention service category. There will be testing for CIMOR overlapping issues, scheduled to begin in the first part of November.</li> </ul> </li> <li>● Clinical Services: <ul style="list-style-type: none"> <li>○ ADA is proposing to revise the current Qualified Substance Abuse Professional (QSAP) definition by eliminating the third provision, which currently allows for a person to be designated as a QSAP if they are within one year of attaining licensure or certification, and who has a Division-approved, written training plan.</li> </ul> </li> <li>● Compulsive Gambling: <ul style="list-style-type: none"> <li>○ The Midwest Conference on Problem Gambling and Substance Abuse on August 12-14, 2009 in St. Louis was a success. The next conference is scheduled to be in St. Louis at the Hyatt Hotel in July 2010.</li> <li>○ There is soon to be a 60 hour initial training session for those who are interested in obtaining their Compulsive Gambling Counselor certification. It will be given in two (2) day sessions, four (4) times in Kansas City, St. Louis, or Columbia. The sessions will be free of charge for anyone who has a division contract and only a nominal fee for other parties. The dates for these sessions are forthcoming.</li> </ul> </li> <li>● Certification <ul style="list-style-type: none"> <li>○ The Division's Program Specialist II position has been filled by Shannon Einspahr. She joined the division on September 28, 2009. Ms. Einspahr previously worked at Burrell Behavioral Health.</li> </ul> </li> </ul> <p>Angie Stuckenschneider, Prevention Director, presented the prevention update:</p> <ul style="list-style-type: none"> <li>● Strategic Prevention Framework- State Incentive Grant (SPF-SIG) coalitions will continue for another year on a no cost extension; <ul style="list-style-type: none"> <li>○ Successes that resulted from the SPF-SIG grant in the past year included: <ol style="list-style-type: none"> <li>1. Six (6) school policies were rewritten;</li> <li>2. Six (6) local ordinances were passed; and</li> <li>3. An accumulation of \$3.9 million dollars in grants.</li> </ol> </li> </ul> </li> <li>● The Partnership for Success grant that the division applied for was not awarded;</li> </ul>	

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	<ul style="list-style-type: none"> <li>• This past year, The Substance Abuse and Mental Health Services Administration (SAMHSA) released a video entitled “Prevention of Underage Drinking in Missouri”. This video will be on the ADA website. Regional Support Center’s plan to use this for recruiting members, for orientation, to give a general overview of the problem of underage drinking in Missouri and the programs we have in place to address it;</li> <li>• Partners in Prevention has recently received a grant from the Department of Education, and with that funding will be collaborating with six (6) more higher education institutions; and</li> <li>• ACT Missouri recently released a mini grant competition for Missouri coalitions; the applications are due October 23, 2009.</li> </ul> <p>Bridget Smith, Office of Faith-Based and Community Partnerships, presented the faith-based services update:</p> <ul style="list-style-type: none"> <li>• The Office of Faith-Based and Community Partnerships has been encouraging establishment of services in rural Missouri, and recently two new facilities have been contracted in Marshall and Fulton;</li> <li>• Technical assistance continues with new providers, including a client walk-through, which enables the team to see how their policies are being implemented, and how the facilities can improve;</li> <li>• There has been development in the collaboration between Faith-Based and the Community Partnerships, such as with the relationship with Probation and Parole, and the Department of Corrections (DOC). There have been trainings on Access to Recovery; the community partnerships have been very receptive to these;</li> <li>• Joint trainings with workforce development for the Disability Navigators; and</li> <li>• Next planned collaboration is with the Missouri National Guard.</li> </ul>	
<p><b>Committee Reports</b></p>	<p>Alicia Ozenberger presented the Prevention Committee report:</p> <ul style="list-style-type: none"> <li>• The prevention subcommittee elected a new chair, Sylvia Persky;</li> <li>• The subcommittee continues to work on the Criteria for Centers of Excellence;</li> <li>• ACT Missouri recently held a two day planning conference with the regional support centers around the state to discuss a statewide message for prevention;</li> <li>• The next statewide prevention conference will be held in December 2010;</li> <li>• The SPF-SIG grant officially ended September 30, 2009, however there will be a no cost extension for another year, which will allow some services to continue; and</li> <li>• ADA has partnered with Alcohol and Tobacco Control to do compliance checks for Tobacco in the Eastern region.</li> </ul>	

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	<p>Clif Johnson presented the Treatment Committee report:</p> <ul style="list-style-type: none"> <li>• Mark Rembecki presented information on the Addiction Severity Index-Multimedia Version (ASI-MV), which is a client self-administered version of the ASI. The ASI-MV consists of three components: the Connect Interview, Connect Reports and the Connect Data Center. This option alleviates the need for a trained interviewer, is less time consuming and creates a comprehensive report beneficial to treatment planning. Agencies using the ASI-MV are able to be reimbursed for the administration cost of the assessment. Providers will still be required to complete the required fields of the ASI (four questions) in CIMOR and include a summary in the notes section.</li> <li>• The Centers of Excellence form was reviewed and compared to the NQF Standards of Care. The subcommittee is working on a way on how to include the language in the Criteria for Centers of Excellence; and</li> <li>• The budget was not discussed at this time, however, it was brought up that Compulsive Gambling was one of the “worst case scenario cuts”, and that compulsive gambling would be excluded in the budget. The subcommittee is concerned about this interpretation, and wanted to express that they did not envision Compulsive Gambling being excluded.</li> </ul>	
<b>MSAPCB Report</b>	<p>Stephen Doherty, President, Missouri Substance Abuse Professional Credentialing Board (MSAPCB), presented the Board report:</p> <ul style="list-style-type: none"> <li>• The MSAPCB met last on September 24, 2009;</li> <li>• Due to the current economic situation, the board will be offering online continuing education training courses and an online addictions academy;</li> <li>• There were a total of 264 applicants for one of the two co-occurring credentials during the grandfathering period this past summer;</li> <li>• Clif Johnson presented the Substance Abuse Traffic Offenders Program (SATOP) Taskforce recommendations, which were approved by the board, and administration of SATOP credentials will begin on January 1, 2010;</li> <li>• Effective January 1, 2010, there will be two (2) vacancies in the southwest and northwest. There are numerous nominees currently for these open positions;</li> <li>• Due to the recent partnership between the MSAPCB and the Missouri Recovery Network (MRN), there will be a letter sent out in credential renewal packages to encourage professionals to participate in the MRN; and</li> <li>• A new fee schedule was approved which includes computer based testing fees.</li> </ul>	

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<b>MRN Report</b>	<p>Brenda Schell, Project Director for the MRN, presented the board report:</p> <ul style="list-style-type: none"> <li>• August 23-25, the DMH held the 2<sup>nd</sup> Annual Consumer and Family Leadership Conference, attendance totaled over 375 people, and 47 scholarships were awarded to ADA consumers. The Office of Transformation is currently looking for consumers to serve on the conference planning committee;</li> <li>• August 27-29, the Mid-America Addiction Technology Transfer Center held a Regional Recovery Summit in Kansas City. The region consisted of five states: Missouri, Nebraska, Oklahoma, Arkansas, and Kansas. Missouri is more advanced than the other states in regards to: services, drug courts, trainings, faith-based, advocacy efforts, and a new recovery language is being developed. More information on that is forthcoming;</li> <li>• September was National Alcohol and Drug Addiction Recovery month;</li> <li>• The Office of National Drug Control Policy (ONDCP) held a roundtable discussion and press conference regarding the new meth campaign on September 1;</li> <li>• 250 people participated in the 2009 Walk for Recovery in St. Louis on, September 5. There were 27 exhibit tents of local organizations who shared information about the services and programs they provide in the Saint Louis area. More than 50 teams registered to raise funds for 26 non-profit agencies that assist individuals and families struggling with mental illness and addiction. \$25,000 dollars was raised;</li> <li>• The Walk to Washington will be held in 2010. It is an 850 mile walk to raise awareness about the disease of addiction and to encourage local communities to host a Walk for Recovery;</li> <li>• The 1st annual Celebrate Recovery event was held on September 12, 2009. This event, “Family Picnic in the Park”, was a historical event as Mayor Stratman signed and presented a proclamation for the city of Washington to recognize September 2009 as National Alcohol and Drug Addiction Recovery Month;</li> <li>• September 19, at the Arch in downtown St. Louis, MRN held “Join Hands for Recovery”;</li> <li>• September 23, Governor Jay Nixon signed a proclamation declaring September as National Recovery Month;</li> <li>• September 25, MRN co-sponsored a seminar in Chesterfield, “Understanding Dual Diagnosis”; and</li> <li>• October 6, Stephen Doherty, Director of Gateway Foundation, invited legislators to tour the facility.</li> </ul>	
<b>Membership Update</b>	<p>Bianca Arrington-Madison presented the SAC membership update:</p> <ul style="list-style-type: none"> <li>• SAC Currently has 21 members. There are several consumer openings: <ul style="list-style-type: none"> <li>○ 1 member at large</li> <li>○ 2 Northwest</li> <li>○ 3 Southeast</li> <li>○ 1 Southwest</li> </ul> </li> </ul>	

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	<ul style="list-style-type: none"> <li>The Department of Mental Health is now accepting applications for Mental Health Champions. This year's prize award will be \$1,000.00.</li> </ul>	
<b>Adjourn</b>	The SAC meeting adjourned at approximately 2:40 p.m. Next meeting is Wednesday, December 2, 2009, Department of Mental Health, Jefferson City.	